



OPACC

Ontario Parents Advocating for Children with Cancer

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WWW.OPACC.ORG

About OPACC

- Founded in 1995 by parents, for parents of children with cancer with a mission to support childhood cancer families in Ontario;
- Free support programs include:
 - Peer-to-peer virtual and in-hospital support
 - Community parent support groups
 - Free tickets to events
 - Raising awareness (September is Childhood Cancer Awareness Month!)
 - Financial support
 - ❖ Hospital parking
 - ❖ Grocery & gas gift cards
 - ❖ Hospital meal vouchers (SickKids)
 - ❖ Free resources & materials...and more!



About Lisa (Youth Council Coordinator)



- Mom - Son (Cole) now 27 years old and is a 2x cancer survivor
- Retired high school teacher at Kitchener Collegiate Institute (KCI)
- Co-runs the parent support group in Kitchener -Waterloo
- Attended Camp Trillium (childhood cancer camp) from 2007 – 2012; both son and daughter (Sarah) were staff at Rainbow Lake camp
- Organized a Relay for Life and an Inside Ride at her high school (KCI).
- On Board of Directors for OPACC since 2007



OPACC GOLDEN HEARTS YOUTH COUNCIL



JOIN US!

If you're a high school student looking to give back to your community & get volunteer hours, we need you for our OPACC Golden Hearts Youth Council!



GET INVOLVED IN SCHOOL & COMMUNITY EVENTS

HELP RAISE FUNDS &



AWARENESS FOR KIDS WITH CANCER!

LEARN MORE:

opacc.org/youth

Ideas on How You Can Help

- September CCAM events (i.e. yellow shirt day, awareness table, reading announcements with some facts, organizing a flag raising at City Hall)
- Raising awareness on February 15th (International Childhood Cancer Day)
- Organizing a Kaps4Kids event at your school
- Volunteering with community events through OPACC
- Fundraisers at school or in the community to benefit OPACC
- Social media campaigns

- Creating cards for Holidays (Valentine's Day, Christmas, etc.) to give to kids at hospitals
- Organizing a gift/toy drive for kids
- OPACC program & community group volunteers (Comfy Cases, MDS, Courage Capes, etc.)
- Organize school event or campaign through student council, service clubs, etc.
- Peer support for other youth (if you are a childhood cancer patient/survivor yourself or a sibling)
- Other ideas up to you!

How We Can Help You



- ❖ Sign off on volunteer hours
- ❖ Notify you about volunteer opportunities we learn about that could use your help
- ❖ Provide references for work/scholarships/school
- ❖ Option to become an OPACC Board Member at age 18 to continue your involvement more formally
- ❖ Opportunity to socialize at volunteering and community events
- ❖ Connect you with other Youth Council members in your community so you can collaborate on projects
- ❖ We can provide you with OPACC brochures and some resource materials as needed
- ❖ Helping other kids & raising awareness feels great!



Learn More & Next Steps

We suggest you visit our website to learn more about OPACC, how we help through our programs, learn some childhood cancer facts, and read some family stories so you know who you are helping and why it's important!

Facts: www.opacc.org/facts

Faces of OPACC: www.opacc.org/facesofopacc

Kaps4Kids: www.opacc.org/kaps4kids

Help: www.opacc.org/help

Once you have some ideas you can email or DM (through social links) and let's discuss how we can help to make it happen! We're here to support you.

www.opacc.org
Facebook @OPACC
Instagram @opaccorg
Twitter/X @opaccorg
Email: info@opacc.org





Q&A / Open Discussion