



# Nature Helps

*Rooted in Nature, Committed to Healing*

✉ darylcober@rogers.com    @naturehelps12    ☎ 905-830-6416

We are providing fishing trips to OPACC families who wish to experience the benefits of spending time in nature.

Whether you and your child love fishing or are completely new to the sport, you can join Daryl Cober for a relaxing, reenergizing time on the water, catching fish and enjoying nature!



*Daryl, a lifelong angler, camper, cottager, and outdoor lover.*

## **Important Information**

- One Saturday per month (half- or full-day).
- For a caregiver or caregiver with child patient (max. 2 people).
- Based on a local destination (i.e., Lake Simcoe - to be discussed).
- Daryl will lead you through a short questionnaire to gain more info and make your trip most enjoyable.
- There is a necessary waiver to sign before we hit the water.

Daryl, a cancer survivor himself, lives in Newmarket, ON with his wife Julie and their yellow lab Finn. He has two adult children, Sydney and Owen, who were 12 and 9 when he underwent surgery, chemotherapy, and radiation treatment for Non-Hodgkin's Lymphoma. Nature was and continues to be instrumental in his healing!